

Women's Health

Lymphatic Health: Key to Resiliency

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5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

The lymphatic system is often an overlooked emunctory. This teleconference will review: the key clinical points about lymphatic anatomy and physiology; how to optimize lymphatic function; and how to manage the lymphatic system during an immune challenge for various ages and types of symptoms. This key practical knowledge will assist the practitioner with the urgent care that manifests when the lymphatic system is not functioning properly.

TREATMENT GUIDELINES PROVIDED FOR

- Colds and flu
- Urogenital complaints
- Musculoskeletal complications
- Allergy-like reactions
- Chronic fatigue
- Migraines

KEY LEARNING HIGHLIGHTS

- How to access normal lymph function
- How to know when compromised lymphatic drainage is aggravating the patient's status
- What manual techniques assist the function of the lymph
- How to teach the patient to maintain normal lymph function
- How to use remedies to promote urgent and long term

