

Endocrine Health

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Presented by Dickson Thom DDS ND

Wednesday, May 26, 2010

5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

This session will provide a brief overview of the development of the endocrine system including the major players – pineal, adrenal, thyroid, ovaries, and testes. Dr. Thom will address: common triggers of hormone imbalances and hormone regulation; how to correctly assess hormone levels in urine, blood, saliva; and how to interpret typical testing values and appropriate treatments. A discussion on the function of cortisol and DHEA will be included. Interpreting Adrenal Stress Index results and the treatment of adrenal dysfunction will be explored, along with clinical pearls from Dr. Thom's many years of experience.

TREATMENT GUIDELINES PROVIDED FOR

- Thyroid and Adrenal disorders

KEY LEARNING HIGHLIGHTS

- Basic knowledge of the development of the endocrine system
- Support of the key endocrine organs – pineal, thyroid, adrenal
- Labs to order and how to interpret the results of thyroid and ASI values
- Why it is necessary to treat all of the main endocrine players for any endocrine disorder

