

# Women's Health

## Clinical Applications Supporting Women's Health

### Part 1: Menopause & Perimenopause

Presented by Ginger Nash ND

Wednesday, February 17, 2010

5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

This teleconference will cover support for hot flashes and night sweats, comparing hormonal, herbal, nutritional and homeopathic approaches. It will address emotional issues such as anxiety, depression and mood swings. We will look at therapies for vaginal dryness, low libido and bone health including nutrients, herbs, drainage remedies, gemmotherapies and diet. Prevention of symptoms will also be discussed for women heading into the menopausal years.

#### TREATMENT GUIDELINES PROVIDED FOR

- Hormone balancing support
- Thyroid support
- Adrenal support
- Vaginal dryness
- Bone health support
- Yeast infection
- Candida support

#### KEY LEARNING HIGHLIGHTS

- Diagnosis and management
- Holistic therapies
- Prevention of symptoms

**3 SESSION SERIES:**  
Register for all 3 or individually



# Women's Health

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## **Clinical Applications Supporting Women's Health**

### **Part 2: Common Health Conditions**

*Presented by Ginger Nash ND*

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Wednesday, May 5, 2010

5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

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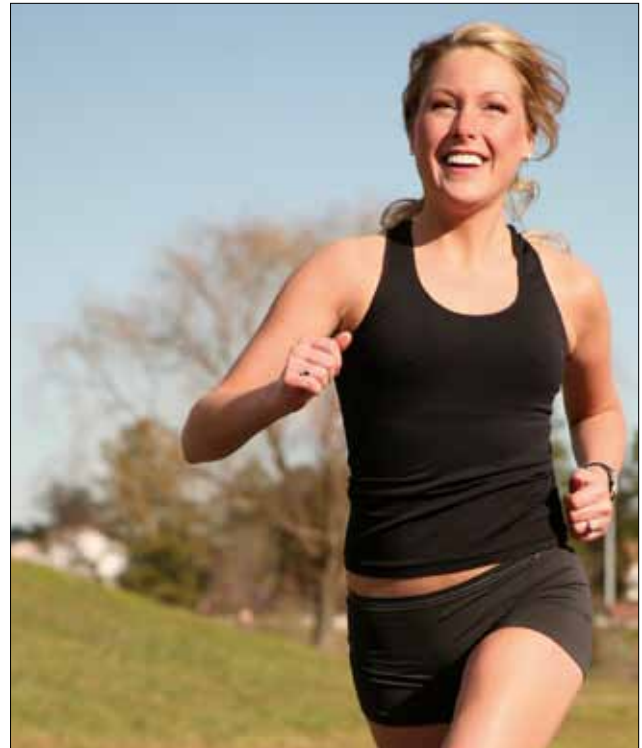
Learn how and when to test for certain hormonal metabolic imbalances and what types of therapies have been successful in addressing the underlying dysregulations in the system. Both patient and practitioner expectations regarding symptomatic improvement and length of treatment for various conditions will be discussed.

#### **TREATMENT GUIDELINES PROVIDED FOR**

- PMS
- Dysmenorrhea
- Vaginitis
- Low libido
- Sugar cravings
- Cystitis/Chronic UTIs

#### **KEY LEARNING HIGHLIGHTS**

- How to evaluate and treat these conditions using Biotherapeutic Drainage™, Phyto-gens, nutrients, diet and lifestyle management
- Which testing methods have proven most helpful in evaluating these conditions and how to create initial and follow up treatment plans using clinical cases



# Women's Health

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## Clinical Applications Supporting Women's Health

### Part 3: Polycystic Ovarian Metabolic Syndrome

Presented by *Ginger Nash ND*

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Wednesday, June 2, 2010

5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

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Practitioners will learn how to address the myriad of complaints associated with polycystic ovarian syndrome.

#### TREATMENT GUIDELINES PROVIDED FOR

- Irregular menses
- Blood sugar and insulin resistance
- Thyroid and adrenal dysfunction
- Inability to lose weight

#### KEY LEARNING HIGHLIGHTS

- Treatment options include diet and exercise advice, homeopathic and nutritional support including Biotherapeutic Drainage™ and stress management techniques

