

Stress Management & Adrenal Exhaustion: Improve Clinical Outcomes

Presented by Dickson Thom DDS ND

Wednesday, November 14, 2012

5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

The ability to handle physical, mental and emotional stress is essential to balanced health and well-being. The adrenal glands are the body's first line of defense and the primary device designed to resolve stress and reset the body to a state of ease. The adrenal glands are the control centre of our body's stress modulation system but when dysfunctional, can manifest into a variety of symptoms such as PMS, light-headedness, mild depression, food and/or inhalant allergies, lethargy and lack of energy, hair loss and several autoimmune disorders.

Dr. Thom will discuss treatments, protocols and case studies to improve clinical outcomes.

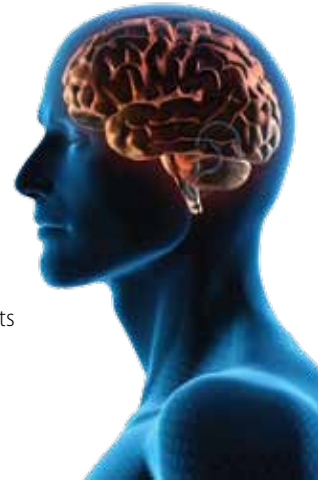
TREATMENT GUIDELINES PROVIDED FOR

- Adrenal insufficiency
- Adrenal fatigue
- Addison's disease

KEY LEARNING HIGHLIGHTS

Dr. Thom will present on clinical methods for improving patient outcome by addressing:

- Main causes
- Clinical manifestations
- Key endocrine/adrenal imbalances
- Key tests and interpretation of results
- Tools for drainage
- Lifestyle, dietary and nutraceutical support strategies
- Protocols for monitoring progress of therapy



Register Now

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