

Getting to the Bottom of Prostate and Colon Health: Awareness, Wellness and Beyond

Presented by Dickson Thom DDS ND

Wednesday, September 26, 2012

5:00 PM – 6:30 PM PST | 8:00 PM – 9:30 PM EST

Prostate cancer is found in every 1 in 6 men in North America.^{1,2} Men over the age of 50 are most at risk, according to statistics, to get prostate cancer. For American men, about 300,000 new cases are diagnosed each year, and some 35,000 men die of this disease annually. Yet very few men, and their families, know about prostate health and the risks of developing the disease. Current research identifies a variety of factors that may lead to the disease; some factors, such as diet and weight can be controlled, while others such as age, environmental factors, ethnicity and family history cannot be changed.

While many are aware of prostate health issues, it is just as important to pay attention to fitness, diet and exercise as intimacy and erectile dysfunction are a common concern for patients. What are the basics for these important areas? Other important topics such as cardiovascular health, coronary artery disease, colon cancer, diabetes and osteoporosis will be included as important reminders when treating men and talking about prevention.

Please join Dr. Dickson Thom as he presents on natural therapies to support your patient and improve clinical outcomes.



TREATMENT GUIDELINES PROVIDED FOR

- Benign Prostatic Hyperplasia (BPH)
- Prostate cancer
- Know your cholesterol level
- Erectile dysfunction
- Colo-rectal cancer screening

KEY LEARNING HIGHLIGHTS

- The basics for prostate health
- The usefulness of PSA testing
- The value of lab tests for screening men's health issues
- Supportive management of erectile dysfunction
- Support for men with colorectal cancer

REFERENCES

1. Canadian Cancer Society. Provincial/Territorial Cancer Registries, Public Health Agency of Canada. Statistics Canada. *Canadian Cancer Statistics* 2011. pg.57. <http://cancer.ca/statistics/>
2. Howlader N, Noone AM, Krapcho M, Neyman N, Aminou R, Waldron W, Altekruze SF, Kosary CL, Ruhl J, Tatalovich Z, Cho H, Mariotto A, Eisner MP, Lewis DR, Chen HS, Feuer EJ, Cronin KA, Edwards BK (eds). *SEER Cancer Statistics Review, 1975-2008*. National Cancer Institute. Bethesda, MD, http://seer.cancer.gov/csr/1975_2008/

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