

# Women's Health

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## Obstetric Health: Pre and Post Natal Care

*Presented by Dickson Thom DDS ND*

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Teleconference Recorded Feb. 8, 2007

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This is a wonderful opportunity to help minimize future health issues for mother and child. Learn more about preparation for conception (1 year before); pregnancy; and the baby's first 5 years of life. Group discussion will be encouraged as there is much to discuss with this important topic.

