

# Endocrine Health

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*Presented by Dickson Thom DDS ND*

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Diagnosis and treatment of endocrine disorders are often complex and challenging. Obtain a brief overview of the Endocrine system including the major glands: pineal, adrenal, thyroid, ovaries, and testes. Discover the common triggers of hormone imbalances. Learn more about: hormone regulation, assessment of hormone levels – urine, blood, saliva, thyroid - common sx's, labs; function of cortisol and DHEA; ASI – how to interpret results, treatment of adrenal dysfunction, and much more.

