

Women's Health

3 Part Series *Purchase all or individually*

Polycystic Ovarian Metabolic Syndromes

Presented by Dr. Ginger Nash ND

Teleconference Recorded Mar. 19, 2009

Treatment options discussed include diet, exercise, homeopathic remedies and nutritional support, including Biotherapeutic Drainage™. Protocols are discussed including irregular menses, blood sugar and insulin resistance, thyroid and adrenal dysfunction, inability to lose weight.

Common Female Conditions

Presented by Dr. Ginger Nash ND

Teleconference Recorded Apr. 16, 2009

Ascertain how and when to test for certain hormonal metabolic imbalances and what types of therapies have been successful in addressing the underlying dysregulations in the system. Both patient and practitioner expectations regarding symptomatic improvement and length of treatment will be discussed. Various conditions will be discussed including: PMS, dysmenorrhea, vaginitis; low libido; sugar cravings; and cystitis/chronic UTIs. Learn how to evaluate and treat conditions using Biotherapeutic Drainage™, Phyto-gens, nutritional supplementation, diet and lifestyle management. Understand which testing methods have proven most helpful in evaluating these conditions. Treatment guidelines are also discussed. Discover how to create initial and follow-up treatment plans using clinical cases as reference guidelines.

Menopause & Perimenopause

Presented by Dr. Ginger Nash ND

Teleconference Recorded Oct. 4, 2007

Compare hormonal, herbal, nutritional and homeopathic approaches when identifying symptomatic relief of hot flashes and night sweats. Learn how to address emotional issues such as anxiety, depression and mood swings. Discover therapies for vaginal dryness, low libido and bone health using nutrients, herbs, Biotherapeutic Drainage™ remedies, Gemmotherapies and diet. Symptom prevention for women heading into the menopausal years is explored.