

# Patient Evaluation

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## **Introduction to Miasm, Temperaments, Constitution**

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Treating patients in the modern environment of the developed world has become a challenge for the healthcare practitioner. Our ancestral physiology is built to handle all manner of stresses however we are ill-equipped to fight acute and chronic disease and newer threats such as viruses or pollution. Learn about the theories of Miasms, Temperaments, and Constitutions (MTC). Understand how to use these assessment tools to treat acute and chronic pathologies and why the importance of “physiology prevails over pathology” is essential to improving health and effecting positive change in the lives of patients.