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INTRODUCTION TO  
BIOTHERAPEUTIC DRAINAGE™

PEDIATRIC HEALTH

WOMEN'S HEALTH

MORE INSIDE...

# Attain better patient results, increase patient compliance and improve patient retention

Seroyal Continuing Education is committed to providing world-class, clinically relevant information that can be immediately integrated with existing modalities for a complete, holistic approach. Listen to pre-recorded 2 day seminars, 2 hour teleconferences and 7-session teleconference series to hear speaker discussions for unbiased peer-to-peer recommendations on treatment options. A great convenient way to learn.

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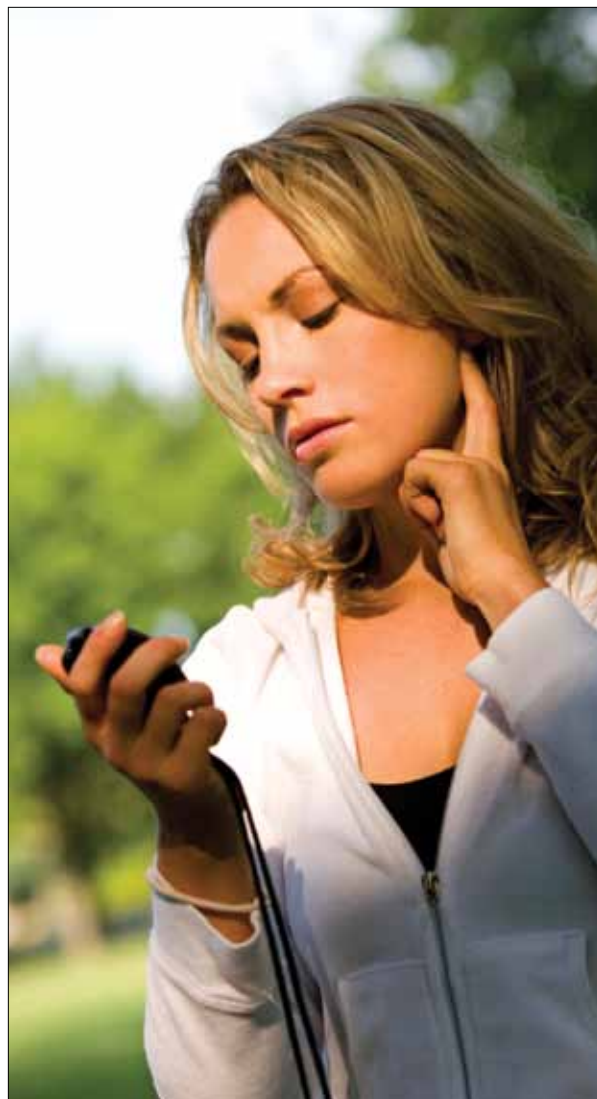
# Cancer Support

## Humanity's Greatest Threat and How to Support Your Cancer Patient

*Presented by Dickson Thom DDS ND*

**Teleconference Recorded Nov. 12, 2008**

Even with advances in modern technology and new resources, cancer continues to be humanity's greatest threat. Practitioners urgently need to use their knowledge and tools to offer patients a journey towards optimum health as the best cancer prevention. Better understand cancer and general approaches on how to help support your patients using a variety of therapies including unda® Numbered Compounds, Gemmotherapy, Schüssler Salts, Organotherapy and Single Remedies. Build the knowledge necessary to know what practitioner's goals should be when support cancer patients. Learn more about cancer statistics, the theories of the etiology of cancer (molecular, host factors, environment, lifestyle). Review screening guidelines and obtain an overview on conventional therapies. Understand the role of an ND in cancer management and the 3 aspects guiding the ND approach. Learn about the naturopathic model for wellness to prevent cancer (Constitution, Temperament, Miasm).



## Cardiovascular Health

### Cardiovascular Disease

*Presented by Dickson Thom DDS ND*

**Teleconference Recorded Dec. 12, 2007**

Cardiovascular disease remains the number one killer in the Western world. As primary care physicians, prevention is of critical importance in the day to day management of cardiac patients. Learn about some of the common issues regarding cardiovascular disease including: risk factors; laboratory values to help determine risk of cardiovascular disease; stroke; how to offset/address side effects of statin drugs; congestive heart failure; and general management of cardiac patients diagnosed.

## Chronic Degenerative Diseases

### Chronic Degenerative Diseases

*Presented by Mikhael Adams BSc ND*

**2 Day Session Seminar Recorded Jan. 20-21, 2007**

Take a very detailed and successful step by step approach to using all the therapeutic modalities to treat patients with cancer and auto-immune diseases such as M.S. and Lupus. Learn more about the critical points in a treatment plan and the reactions to treatment that indicate that a patient is healing. Better understand the reactions that indicate that there is a blockage to healing and how to overcome these blockages.

### Pain Management for Acute and Chronic Disease

*Presented by Dickson Thom DDS ND*

**Teleconference Recorded Apr. 15, 2009**

Pain management is essential for many patients with both acute and chronic health problems. Learn about the basic physiology of pain, and nociceptive vs neuropathic pain. Understand how to assess and address using a variety of naturopathic approaches for pain management including diet, nutraceuticals, botanicals and drainage remedies. Treatments guidelines are provided.

### Illnesses Related to Heavy Metals

*Presented by Robert Abell ND LAC*

**Teleconference Recorded Dec. 10, 2008**

Have you ever wondered why some patients never seem to get better? One of the primary causes is environmental heavy metals, and the inability to safely and effectively remove these toxic metals from the human system. Learn how to recognize and treat the modern toxic patient. Better understand which diagnostic tests determine specific heavy metal toxicity. Determine why modern treatments are not the best options and what are the steps to take when first treating for heavy metals. Learn why most patients are burdened with heavy metal toxicity and how to avoid it in the first place. Treatment guidelines will be provided for: arthritis; kidney disease; multiple sclerosis; Alzheimer's; Parkinson's Disease, chronic sinus disease; infertility; prostate disease; neuralgias; thyroid disease; cancer; autism; ADD and ADHD.

# Dermatological Health

## Dermatological Disorders

*Presented by Robert Abell ND LAc*

**Teleconference Recorded May 27, 2009**

The dermatological system has many functions including gathering sensory information from the environment and playing an active role in the immune system, protecting us from disease. It is an ever-changing organ that primarily functions as a protective barrier that interfaces with the environment and is particularly vulnerable to growths, rashes, discolorations, cysts, infections, and other disorders. Many dermatological conditions are caused by underlying medical disorders and diseases. Skin disorders often present some of the most challenging medical conditions in clinical practice. A treatment plan that includes Biotherapeutic Drainage is the most elegant and effective way to resolve all skin conditions; not simply suppress them. Learn how to identify the root cause of skin disorders and about a natural, highly effective modality that will help resolve skin conditions. Treatment guidelines provided for: psoriasis; eczema; pruritus; hyperhidrosis; alopecia; urticaria; shingles; and rosacea.



# Diabetes Maintenance

## The Diabetes Epidemic

*Presented by Dickson Thom DDS ND*

**Teleconference Recorded June 3, 2009**

Diabetes mellitus and lesser forms of glucose intolerance, particularly impaired glucose tolerance (IGT), can now be found in almost every population in the world. Epidemiological evidence suggests that, without effective prevention and control programmes, diabetes will likely continue to increase globally (Prevention of diabetes mellitus. Technical Report Series no. 844. Geneva: World Health Organization). An understanding of the normal physiology regarding sugar and insulin is the first step to helping a patient get control of blood sugar levels. Learn about risk factors, complications and how pertinent lab tests, history and physical exams can help lead to a discussion on type 1 Diabetes mellitus, latent autoimmune diabetes of adults (LADA), metabolic syndrome and type 2 diabetes. Understand how HbA1C level changes affect diabetes management, certain treatment goals, the role of insulin, diet, exercise, nutraceuticals and drainage remedies. Treatment guidelines are also discussed.



# Digestive Health

## Choosing the Most Effective Probiotic for Your Patient

Presented by *Nigel Plummer PhD*

Teleconference Recorded May 6, 2009

Demystify the probiotic propaganda: not all probiotics are the same and size doesn't matter. Learn about the various sources of probiotics and their clinical applications. Understand the significant benefits of LAB4 proprietary strains present in Human MicroFlora (HMF) probiotics. Discover the significance of how various product formulations relate to specific indications as well as protect against intestinal infection, overgrowth and dysbiosis. It is scientifically recognized that without acquiring normal flora following birth, it is impossible for the human immune system to mature correctly and provide a balanced immune response. Build knowledge on how to prime the immune system from birth to deliver the correct immune response. Learn how to keep intestinal microflora continuously priming immune systems throughout a patient's life. Uncover the other benefits of probiotic administration: stimulation of digestive nutrients such as lactose; increased mineral absorption as a result of increased intestinal acidity; decreased absorption of dietary cholesterol due to probiotic binding; and decreased production of intestinal mutagens.

## New Clinical Breakthrough: IBS Human Clinical Trial Results

Presented by *Nigel Plummer PhD*

Teleconference Recorded Apr. 1, 2009

A newly published-blind, randomized, placebo-controlled study has shown that the LAB4 proprietary strains present in HMF Intensive probiotics reduces the symptoms of Irritable Bowel Syndrome (IBS).<sup>1</sup> This trial, including two strains of *Lactobacillus acidophilus* CUL60 (NCIMB 30157 and CUL21 (NCIMB 30156), *Bifidobacterium lactis* CUL34 (NCIMB 30172) and *Bifidobacterium bifidum* CUL 20 (NCIMB 301534) resulted in significantly greater improvement in symptom severity, bowel habit and quality of life.

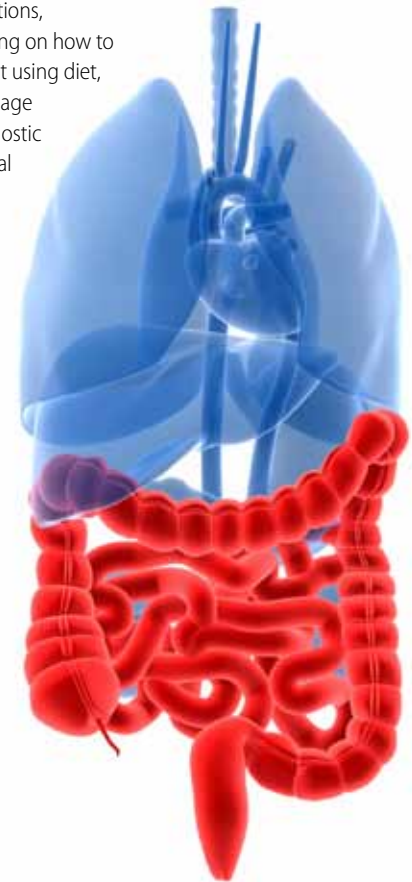
<sup>1</sup> EA Williams, L Stimpson, D Wang, S Plummer, I Garaiova, ME Barker & BM Corfe. Clinical trial: a multistrain probiotic preparation significantly reduces symptoms of irritable bowel syndrome in a double-blind placebo-controlled study. 2008; (9): 10.1111/j.1365-2036.2008.03848.x

## IBS, Crohn's & Celiac Diseases

Presented by *Dickson Thom DDS ND*

Teleconference Recorded Mar. 4, 2009

An increasing number of patients with gastro-intestinal problems are diagnosed with IBS because no physical findings are present. Many of these patients are also being diagnosed with gluten enteropathy. Crohn's disease and ulcerative colitis are debilitating conditions that are also on the rise. Learn about these conditions, and gain a stronger understanding on how to approach diagnosis management using diet, exercise, nutraceuticals and drainage remedies. Ascertain proper diagnostic criteria, laboratory test, and typical presentation. Discover treatment concepts and protocols for these conditions.



# Endocrine Health

## Endocrine Health

Presented by *Dickson Thom DDS ND*

Teleconference Recorded Oct. 1, 2008

Diagnosis and treatment of endocrine disorders are often complex and challenging. Obtain a brief overview of the Endocrine system including the major glands: pineal, adrenal, thyroid, ovaries, and testes. Discover the common triggers of hormone imbalances. Learn more about: hormone regulation, assessment of hormone levels – urine, blood, saliva, thyroid - common sx's, labs; function of cortisol and DHEA; ASI – how to interpret results, treatment of adrenal dysfunction, and much more.



# Neurological Health

## Assessment and Treatment of Neuro-developmental & Neurological Disorders

*Presented by Robert Abell ND LAc*

**2 Day Session** Seminar Recorded May 5-6, 2007

The goal of this seminar is for the participant to develop a comprehensive understanding of the etiology and pathogenesis of neurodevelopmental and neurological disorders such as autism, Alzheimer's and Parkinson's diseases, and multiple sclerosis. Dr. Abell will discuss in great detail autistic spectrum disorders (ASD) and Attention Deficit Hyperactivity Disorder (ADHD) delving into the rising incidence of autism. He will also discuss the emotional and energetic causative factors, and the symptomology of autism and neurological disorders. He will examine the possible link to vaccines, viral infection, heavy metal toxicity, environmental toxins, digestive health and nutrition. Dr. Abell will present successful clinical cases showing how autism can be treated and reversed, as well as cases for Alzheimer's and Parkinson's diseases, and multiple sclerosis. Dr. Abell will discuss his clinically-proven therapeutic approach integrating various modalities including Biotherapeutic Drainage™ and the homeopathic Rebalancing and Harmonizing Program (or "brain protocol").

## Inflammation and Neurological Disorders

*Presented by Nigel Plummer PhD*

**2 Day Session** Seminar Recorded Apr. 22-23, 2006

Explore the strong links between chronic inflammatory conditions and increased levels of depression. Examine the relationship between the inflammatory response of age sensitive disorders such as Alzheimer's and the new evidence on the effects of nutritional intervention. Learn about an effective alternative to statin therapy and better understand the evidence for use of phytosterols. Discover the correct combination of phytosterols and fish oils to provide the ultimate preventative care for cardiovascular disease.

## Neurological Disorders

*Presented by Dickson Thom DDS ND*

Teleconference Recorded Oct. 15, 2008

There is ample evidence that pinpoints neurological disorders as one of the greatest threats to public health. Unless immediate action is taken globally, the neurological burden is likely to become an increasingly serious and unmanageable problem in all countries, states a new publication from the WHO on Public Health Challenges. Build your knowledge with an overview of neuroanatomy, neurological history and the 5 most prevalent causes of neurological disorders. Learn new approaches for patients with migraines.

Better explain memory loss and teach Alzheimer's prevention. Understand the management of febrile seizures and what to tell parents if their child has one. Know the warning signs and rapid screening for stroke. Address ways on handling tremors. Learn the likely etiology of MS and how to manage a patient with this condition. Treatment guidelines provided for: primary headaches; memory loss, stroke febrile seizures; and MS.



## The Depressed Patient

*Presented by Dickson Thom DDS ND*

Teleconference Recorded Mar. 20, 2007

A common problem that is routinely managed in clinical practice. Learn more about statistics, types, common symptoms, diagnosis and treatment options.

## Pediatric Health

### The Developmental Origins of Modern Disease: Are We Programmed to Develop Disease in the Womb?

*Presented by Nigel Plummer PhD*

**Teleconference Recorded Sept. 24, 2008**

There is now compelling evidence to support the revolutionary concept of non-genetic, fetal and neonatal programming of many chronic diseases such as coronary heart disease and cancer, which often only manifest decades later in adult life. Many of these disease development phenomena are now strongly linked to sub-optimal environmental and nutritional conditions in the womb, and as such can be modified with the potential for altered disease outcomes. Learn about the evidence for the concept of foetal disease programming, its causes and also its effect on subsequent risk of developing diseases as diverse as pre-eclampsia, coronary artery disease, and breast cancer. Better understand the opportunity for nutritional and other interventions to negate adverse programming from occurring possibly represents the most profound and unexplored mechanism for chronic disease prevention to come to light for many years.

### Natural Cures for Common Childhood Ailments

*Presented by Robert Abell ND LAc*

**Teleconference Recorded Nov. 6, 2008**

Treating common childhood ailments naturally is a crucial element in raising healthy children with strong immune function and setting them on a secure path to life as healthy adults. Healthcare providers are an excellent source of advice and support for parents searching for a natural solution to support their child's health and well being and in reducing the increased risks of disease and learning disorders in later years. Better understand why children are treated differently than adults. Build the confidence to develop a simple but highly effective and successful treatment plans for children. Learn how to effectively treat the most common childhood conditions: otitis, pharyngitis; colds; influenza; croup; eczema; asthma; constipation; and more.



### Obstetric Health: Pre and Post Natal Care

*Presented by Dickson Thom DDS ND*

**Teleconference Recorded Feb. 8, 2007**

This is a wonderful opportunity to help minimize future health issues for mother and child. Learn more about preparation for conception (1 year before); pregnancy; and the baby's first 5 years of life. Group discussion will be encouraged as there is much to discuss with this important topic.

## Weight Management

### The Obesity Epidemic

*Presented by Dickson Thom DDS ND*

**Teleconference Recorded Jan. 23, 2007**

The most preventable cause of death in our society. Review statistics for this epidemic as well as the physiology related to day-to-day management. Weight control is not simply a matter of reducing calories and increasing exercise. Learn how to properly assess and address using a variety of naturopathic approaches.



# Women's Health

## Clinical Applications for Healthy Breast Function and Lymphatic Drainage

Presented by Verna Hunt BSc DC ND

**2 Day Session** Seminar Recorded Mar. 31-Apr. 1, 2007

Learn about various treatment options based on the patient's tolerance, gender and age and will discuss clinical findings as well as all aspects of breast examination including breast tissue and the lymphatic system. Better understand how to use safe functional screening procedures in order to assess breast health. Guides on how to use a hands-on approach to restore and maintain breast health are included. Build practical knowledge by reviewing case studies covering various types and stages of breast function.

## Obstetric Health: Pre and Post Natal Care

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This is a wonderful opportunity to help minimize future health issues for mother and child. Learn more about preparation for conception (1 year before); pregnancy; and the baby's first 5 years of life. Group discussion will be encouraged as there is much to discuss with this important topic.

## Proactive Breast Care and Breast Care Management

Presented by Verna Hunt BSc DC ND

Teleconference Recorded Mar. 7, 2007

Proactive breast care begins at the 'new patient visit' with assessment of breast tissue function, in relationship to the person's entire health status. Learn about identifying abnormal functions long before structural disease manifests in order to assist patients in a lifetime of healthy breast function.

**3 Part Series** Purchase all or individually

## Common Female Conditions

Presented by Dr. Ginger Nash ND

Teleconference Recorded Mar. 19, 2009

Ascertain how and when to test for certain hormonal metabolic imbalances and what types of therapies have been successful in addressing the underlying dysregulations in the system. Both patient and practitioner expectations regarding symptomatic improvement and length of treatment will be discussed. Various conditions will be discussed including: PMS, dysmenorrhea; vaginitis; low libido; sugar cravings; and cystitis/chronic UTIs. Learn how to evaluate and treat conditions using Biotherapeutic Drainage™, Phyto-gens, nutritional supplementation, diet and lifestyle management. Understand which testing methods have proven most helpful in evaluating these conditions. Treatment guidelines are also discussed. Discover how to create initial and follow-up treatment plans using clinical cases as reference guidelines.

## Polycystic Ovarian Metabolic Syndromes

Presented by Dr. Ginger Nash ND

Teleconference Recorded Apr. 16, 2009

Treatment options discussed include diet, exercise, homeopathic remedies and nutritional support, including Biotherapeutic Drainage™. Protocols are discussed including irregular menses, blood sugar and insulin resistance, thyroid and adrenal dysfunction, inability to lose weight.



## Menopause & Perimenopause

Presented by Dr. Ginger Nash ND

Teleconference Recorded Oct. 4, 2007

Compare hormonal, herbal, nutritional and homeopathic approaches when identifying symptomatic relief of hot flashes and night sweats. Learn how to address emotional issues such as anxiety, depression and mood swings. Discover therapies for vaginal dryness, low libido and bone health using nutrients, herbs, Biotherapeutic Drainage™ remedies, Gemmotherapies and diet. Symptom prevention for women heading into the menopausal years is explored.

# Modalities

## Introduction to Biotherapeutic Drainage™

*Presented by Robert Abell ND LAC*

Teleconference Recorded Nov. 14, 2006

Our world today is overflowing with chemical toxins – with no decrease in sight. Environmentalists and public health experts warn that with increasing exposure and accumulation of toxins within our bodies, we are endangering our health. Rates of respiratory diseases, birth defects and developmental disorders have exponentially increased in recent decades. The most long lasting and effective way of restoring health to the body is to work at an intra-cellular and extra-cellular level to remove toxins. By accomplishing this, we help support physiological functions, encouraging the body towards a state of dynamic equilibrium and self-regulation where true healing can begin. Hence, physiology will prevail over pathology. Biotherapeutic Drainage™ is a modality that should be used in every patient to address the underlying cause of the disease – not just the symptoms.

## Biotherapeutic Drainage™ & unda® Numbered Compounds

### 7 Session Series

*Presented by Robert Abell ND LAC*

7 Sessions-2hrs ea Teleconference Series Recorded  
Jan. 28-Apr. 22, 2009

This is an introduction to the concept and philosophy of Biotherapeutic Drainage™, an intra-cellular and extra-cellular drainage process. Many practitioners find this to be the most effective therapeutic approach for the treatment of chronic and degenerative conditions. Learn the technique of using organ-specific remedies to facilitate the discharge of toxic material. Through extensive clinical experience and case studies, understand how to implement the unda® Numbered Compounds, the GENESTRA BRANDS™ nutritional products and other modalities into individualized treatment guidelines. Different systems will be discussed with particular emphasis on the nervous, endocrine, musculo-skeletal, digestive and cardiovascular systems. Learn more on protocols for the following indications: hypercholesterolemia; hyperlipidemia; thyroid disorders; cholecystitis; diarrhea, female hormonal problems; impotence; ulcers; neuralgia; sciatica; constipation; hemorrhoids; depression; asthma; rhinitis; bronchitis; rheumatism; arteriosclerosis; hypertension; skin disorders; psoriasis; varicosities; and phlebitis.

## The Advantage of Phyto-gens

*Presented by Robert Abell ND LAC*

Teleconference Recorded May 13, 2009

GENESTRA BRANDS™ Phyto-gens are a harmonized blend of plant meristems combined to create a phytotherapy that is synergistically formulated to extract the full potential and pluripotent nature of these embryological plant tissues. All Phyto-gens are standardized to a 1:20 extract, made by combining equal parts of water, natural glycerin and organic ethanol mediums. Phyto-gens stimulate the body to rebalance its normal physiology by modifying biochemical actions. Phyto-gens are easy-to-prescribe, condition specific remedies that yield dramatic patient results. Treatment guidelines will be provided for: allergies, anti-aging; immune stimulation; osteoporosis; anxiety and neurosis; circulatory disorders; post chemo and radiation treatments; GERD and Digestive Issues; menopause; hypo & hyper thyroid; and many more.

## Differential Clinical Diagnosis Using Biotherapeutic Drainage™

*Presented by Mikhael Adams BSc ND*

2 Day Session Seminar Recorded Apr. 5-6, 2008

This is clinically-based presentation is designed for practitioners who are familiar with Biotherapeutic Drainage™ and use the theory, principles and remedies in their clinical practice. Learn how to quickly prescribe successful treatment plans for each patient on a consistent basis.

## Introduction to Gammodyn, Gemmotherapy, Organotherapy and Schüessler Salts

### 2 Session Series

*Presented by Robert Abell ND LAC*

2 Sessions-2hrs ea Teleconference Series Recorded  
Oct. 29, 2008 & Nov. 25, 2008

Obtain in-depth descriptions and clinical applications. Build knowledge by exploring extensive clinical experiences and case studies. Learn how to turn these products into a simple and easy-to-follow treatment plans that can be incorporated into immediate on the clinical level. Each of these biological therapies are individual treatment modalities, but when utilized in a systematic approach using Biotherapeutic Drainage, they become a synergistically advanced form of medicine. Incorporating each of these therapies into your practice will provide you with the tools and protocols to treat chronic and acute conditions that past experience posed as challenging.

## Clinical Application of Gemmotherapy, Oligo-Elements, Plexes and Schüessler Salts

### 7 Session Series

*Presented by Robert Abell ND LAC*

7 Sessions-2hrs ea Teleconference Series Recorded  
Sept. 16-Dec. 17, 2009

This 7 session teleconference series is designed to expand your knowledge and introduce the use and applications of Gemmotherapy, Oligo-elements, Plexes and Schüessler Salts. Through his extensive experience and personal case studies, Dr. Abell will review how to incorporate these Biotherapeutics into simple and easy-to-follow treatment guidelines, ensuring successful results in everyday practice. Each of these biological therapies are individual treatment modalities, but when utilized in a systematic approach using Biotherapeutic Drainage™, they become a synergistically advanced form of medicine. Incorporating each of these therapies into your practice will provide you with the tools and protocols to treat chronic and acute conditions that past experience posed as challenging and in some cases, untreatable.

# Patient Evaluation

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## Introduction to Miasm, Temperaments, Constitution

*Presented by Robert Abell ND LAc*

Teleconference Recorded Sept. 17, 2008

Treating patients in the modern environment of the developed world has become a challenge for the healthcare practitioner. Our ancestral physiology is built to handle all manner of stresses however we are ill-equipped to fight acute and chronic disease and newer threats such as viruses or pollution. Learn about the theories of Miasms, Temperaments, and Constitutions (MTC). Understand how to use these assessment tools to treat acute and chronic pathologies and why the importance of "physiology prevails over pathology" is essential to improving health and effecting positive change in the lives of patients.

## Holistic Assessments and Treatments

*Presented by Dickson Thom DDS ND*

**2 Day Session** Seminar Recorded Feb. 10-11, 2007

Insufficient patient assessment often leads to inaccurate diagnosis and less than adequate patient care, resulting in disappointment for both the patient and the practitioner. Often, the wrong body systems are treated and improvements are slow and superficial. Learn more on how to advance your skills of assessment and diagnosis in order to enhance treatment protocols and patient outcomes. Treatment guidelines will be provided for: insomnia & depression; hypertension & migraines/headaches; PMS; infertility; menopause; and breast cancer.

## Differential Clinical Diagnosis Using Biotherapeutic Drainage™

*Presented by Mikhael Adams BSc ND*

**2 Day Session** Seminar Recorded Apr. 5-6, 2008

This clinically-based presentation is designed for practitioners who are familiar with Biotherapeutic Drainage™ and are using the theory, principles and remedies in their clinical practice. Learn how to quickly prescribe successful treatment plans for each patient on a consistent basis.

# Biographies

## Robert Abell ND LAc



**Robert Abell ND LAc** was awarded his Bachelor of Science degree in Exercise Physiology from the University of Colorado, Boulder in 1985.

He received his Doctor of Naturopathic Medicine from the National College of Naturopathic Medicine (NCNM) in 1993 and received his Masters in Chinese Medicine and Acupuncture from the

Oregon College of Oriental Medicine in 1994. Dr. Abell currently lectures on various topics throughout North America and for Seroyal focusing on Biotherapeutic Drainage. Dr. Abell resides and operates a clinic in Austin, Texas and also a large multidisciplinary clinic in Orange County, California. Dr. Abell uses Biotherapeutic Drainage™, homeopathy, acupuncture and auricular medicine as his primary therapeutic tools. He is currently writing a book on the misinformation prevalent in modern medicine today.

## Mikhael Adams BSc ND



**Mikhael Adams BSc ND** received his Doctor of Naturopathy from the National College of Naturopathic Medicine in 1981. He practiced for ten years in Seattle, and he is now in private practice in Milton, Ontario. He uses drainage, nutrition, homeopathy, acupuncture and auricular medicine as his primary therapeutic tools. He has studied

homeopathy since 1977 with such renowned Doctors as Robin Murphy, George Vithoulkas, Bill Gray, Francisco Eizayga and Michel Bouko-Levy. Dr. Adams is the president of the International Association of Auricular and Bioenergetics Medicine, past president of the North American Association of Auricular Medicine, and has studied intensively with Dr. Paul Nogier in France. Dr. Adams taught Clinical Pathology at the Northwest Institute of Acupuncture & Oriental Medicine from 1987 to 1993 and has been giving workshops in auricular medicine since 1984. Dr. Adams has been lecturing in North America on homeopathy and drainage since 1988, and is now in his seventeenth year of lecturing for Seroyal.

## Verna Hunt BSc DC ND



**Verna Hunt BSc DC ND** graduated from the Canadian Memorial Chiropractic College in 1979 and obtained her Doctor of Naturopathic Medicine degree from the Ontario College of Naturopathic Medicine in 1982. Dr. Hunt writes and teaches on a wide scope of topics, including pediatrics, women's health, infrared thermography, business

principles and practice, naturopathic diagnosis and case management. In 2001, Dr. Hunt co-founded Medical Thermography International where she is currently medical advisor. In private practice in Toronto, Dr. Hunt's primary focus is on pediatrics and women's health using Biotherapeutic Drainage™, homeopathy and clinical nutrition as her primary therapeutic tools.

## Ginger Nash ND



**Ginger Nash ND** received her Doctor of Naturopathic Medicine from The National College of Naturopathic Medicine in 1998. Prior to studying Naturopathic medicine, Dr. Nash's graduate work focused on the history of medicine and in particular the way concepts of disease are culturally constructed.

One year after completing her N.D., Dr. Nash lectured extensively throughout the U.S. on natural medicine for women's health concerns, particularly menopause. Dr. Nash has worked as Clinical Professor at the University of Bridgeport's College of Naturopathic Medicine where she presented a number of lectures on Biotherapeutic Drainage™. Dr. Nash has studied with Drs. Gérard Guéniot, Mikhael Adams, Dickson Thom and Peter D'Adamo. Today she runs a family practice incorporating Biotherapeutic Drainage™, acupuncture, homeopathy and nutrition in both Wilton and New Haven, CT. She is also writing a book on hormonal balance for women in all life stages.

## Nigel Plummer PhD



**Nigel Plummer PhD** has his doctorate in microbial physiology and has worked at Pfizer in antibiotic research and development. His research on the use of normal flora in the prevention and treatment of genito-urinary candidiasis has won him numerous awards. Dr. Plummer continues his solid commitment to research throughout his career in

collaboration with research institutes and universities within the UK and Europe, developing an extensive knowledge specializing in probiotics, natural antimicrobials and fish oils. Dr. Plummer lectures extensively in North America and the UK/Europe and has developed an interest in the concept of fetal disease programming, the controlling factors involved and the potential to influence programmed events as a means of prevention of chronic disease development.

## Dickson Thom DDS ND



**AANP 2009 Vis Award Recipient.** Granted to Dr. Dickson Thom for his commitment to the Healing Power of Nature as a guiding force in his work, life, and community service. He is an invaluable teacher and mentor, helping to cultivate a generation of promising new naturopathic physicians.

**Dickson Thom DDS ND** is a licensed naturopathic physician and full time professor at the National College of Natural Medicine (NCNM) in Portland, Oregon, where he teaches clinical and physical diagnosis, gastroenterology, neurology, practical endocrinology, x-ray practicum and business entrepreneurship. He is also a clinic instructor at the NCNM CLINIC, the teaching clinic for NCNM. Dr. Thom regularly lectures to fellow physicians in Canada and the U.S. on the therapeutic benefits of homeopathic drainage and published one of the first books in the English language on the topic of "unda® Numbers: An Energetic Journey to Homeostasis and Wellness". Dr. Thom has been in private practice in the Portland Metro area since 1989. His specialized practice focuses on the management of chronic disease, including auto-immune disease, neurological conditions, endocrine disorders and cancer. His therapies focus on optimal lifestyle choices for each specific condition and include dietary, sleep, and exercise recommendations; supplementation and herbal medicine; a European form of homeopathy called biotherapeutic drainage; and hydrotherapy. Health is a reflection of physical, emotional, spiritual, and energetic balance. Dr. Thom is committed to helping people overcome obstacles to achieving this essential equilibrium.

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